



RAPID RESULTS OUTLINE

BOOK BONUS: BEHIND THE COVER

Step 1: You have two minutes to write your title and a one paragraph description of your book. Do not move to the next step until instructed to do so:

Title: _____

One Paragraph Description:

Step 2:

You have 3 minutes to write down 16 subjects you might write about in your book. Shut off your left brain, meaning don't worry about any details such as grammar and spelling, and shut off your inner critic. Just ignore any passing thoughts or criticisms that may enter your head while you are writing. TRUST YOUR INSTINCTS.

Step 3: You have 2 minutes to “reorganize”, make improvements, spell check, logical or chronological order the previous 16 subjects.

Step 4: You have 2 minutes to pick your top 10 preferred subjects

Step 5: You have 7 minutes to write down 4 topics/issues/pieces/components for each of your Top 10 categories.

This is your book outline! Congratulations! This should give you a sense of some of the results you will get from working with me. You now have 40 subjects you can blog about. Each day, you can take one of these subjects and write about them. It can be a pitfall to return to the previous day’s writing, so I recommend not reviewing what you have previously written until all the writing is done and you are ready to edit. Your main goal during these initial phases is simply to get all your ideas down, keep momentum and complete within a specified time.

Get writing!

-Karen

Feeling overwhelmed?
Need feedback on your book outline?
Not feeling confident about your idea?

No problem! I am here to help with your book title, writing and editing needs.

Email me at Karen@KarenRowe.com to get complimentary 30-minute book clarity call.